

## Risk Assessment COVID-19

Company name: VERNON PARK GYMNASTICS CLUB      Assessment carried out by: Dr B McLaughlin

Date of next review: ongoing

Date assessment was carried out: 01.06.2020

| What are the hazards?  | Who might be harmed and how?  | What are you already doing to control the risks?  | What further action do you need to take to control the risks?   | Who needs to carry out the action? | When is the action needed by? | Done |
|--|---|---|---|------------------------------------|-------------------------------|------|
| <b>Contraction of Covid-19 from the inside/exterior of the gymnastics centre</b> | All members, coaches gymnasts and parents and general public contracting COVID-19 | Deep Clean of the entire gymnastics centre. Training Areas, Offices, Toilets, Store rooms. Items which cannot be cleaned after or during each session to be removed And placed in store. The foam pits will be cordoned off, not for use in the initial restart of the gymnastics centre. | Constant cleaning of the centre in between classes and at the end of every day. Constantly reviewed risk assessment and procedures. COVID-19 Assessment certificate completed and displayed. COVID-19 Officer in place. | Coaching Directors                 | Before Opening in 2020        |      |

**VERNON PARK GYMNASTICS CLUB 2020 COVID-19**

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|--|---|--|--|---|---|-------------|
| <b>Contraction of COVID-19 from persons entering the gymnastics centre</b> | All members, coaches gymnasts and parents and general public contracting COVID-19 | Parents viewing room closed.<br>Gymnasts timetabled to be dropped off at set times at marked doors. 2m distant at all times in line with Government Guidelines | Pedal bins fitted in all toilets and gym area for disposal of tissues/hand towels.   | Coaching Directors                        | Before Opening in 2020                                  |             |
| <b>Contraction of COVID-19 from persons entering the gymnastics centre</b> | All members, coaches gymnasts and parents and general public contracting COVID-19 | Three clearly labelled entrance/exits to maintain social distancing.<br>Anti-sneeze screens installed on front reception desk.                                 | Maintain social distancing n reception and drop off areas.<br>Registers taken for contact tracing.<br>Staggered and limited classes. Families who show signs of illness will be advised to stay at home. | Senior Coach                              | Before opening and checked at the start of each session |             |
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|---|--|---|--|---|--|-------------|
|   |  |   |  |   |  |             |
| <b>Contraction of COVID-19 from persons inside the gymnastics centre</b>              | All members, coaches gymnasts and parents and general public contracting COVID-19    | Clearly defined training zones to maintain 2m social distancing.<br>Clear walkways defined to maintain social distancing with a one way flow of traffic.              | No use of apparatus that cannot be cleaned after each use. Hand sanitizers installed at entrance/exit and also extra stations around the gym.  | Coaching Directors                        | Before opening in 2020 and checked during each session |             |
| <b>Contraction of COVID-19 from persons inside the gymnastics centre with schools</b> | Cross contamination of school "bubbles" and gymnastic "bubbles" contracting COVID-19 | There will be no mixing of gymnasts or coaches, each will operate in its own zone. Training will be in isolation, no queuing or hand spotting. No gymnast interaction | The use of floating coaches who will be used to clean toilet, door handles etc., during any given session and to assist with the social distancing at the start and end of each session. | Senior Coach                              | During and after every session                         |             |
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|---|--|--|--|---|--------------------------------------|-------------|
|   |  |  |  |   |                                      |             |
| <b>Contraction of COVID-19 from persons inside the gymnastics centre</b>      | First aider if required/ cleaning up of bodily fluids(accidental) contracting COVID-19 | PPE supplied to all coaches in case of spillage.<br>HSE First aid guidelines followed.   | Update and maintain PPE and first aid station. Keep ice machine filled up. | Coaching Directors/Senior Coach           | Ongoing                              |             |
| <b>Contraction of COVID-19 from persons during fire/evacuation procedure.</b> | All members, coaches gymnasts and parents and general public contracting COVID-19      | Muster stations reviewed and redesigned to accommodate current social distancing guidelines                                      | Review Fire / Evacuation Risk Assessments.                                 | Coaching Directors                        | Ongoing                              |             |
| <b>Contraction of COVID-19 from persons inside the gymnastics centre</b>      | All members, coaches gymnasts Surface contact with apparatus. contracting COVID-19     | PPE , alcohol wipes and disposable cloths supplied for cleaning stations during the session. Carpet cleaner and vacuum cleaners. | PPE Updated as required  | Coaching Directors/Senior Coach           | During and after every session       |             |
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|--|---|---|--|---|---|-------------|
| <b>Contraction of COVID-19 from persons inside the gymnastics centre</b> | All members, coaches, gymnasts and parents and general public. Surface contact - contracting COVID-19 | All Surfaces wiped down after each session and at the end of day, by using alcohol wipes and nontoxic surface cleaners. | Maintain Cleaning protocols  | Senior Coach                              | During changeover periods and at the end of each session. |             |